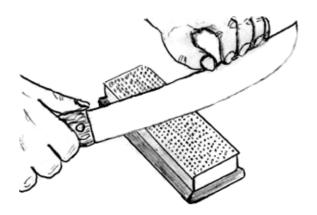
Ergonomics Principle



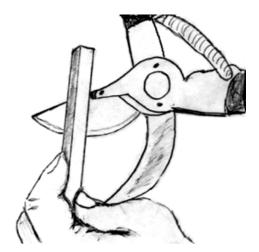
Keep tools sharp Reduces high hand force - gripping



Knife blades



Shovel blades



Pruners and scissors



Utility knives

Other benefits:

- Sharpening tools frequently can reduce the grip force required to do the job, sometimes by as much as 50%.
- Sharpening only takes a few seconds, but it can save a lot of time and effort since cutting will be quicker and easier with a sharp blade.